



**ARROYO VISTA
FAMILY HEALTH CENTER**

Gift Yourself Peace of Mind: Your Annual Physical Exam



*Happy
Mother's
Day*

Give yourself the gift of peace of mind by calling your primary care provider to schedule an appointment for your annual physical exam.

Three benefits of having your Annual Physical Exam

Timely Prevention: No matter how healthy you seem to be, it is always a good practice to have your annual physical exam. The provider will assess your health so you can prevent potential health conditions.

Early Detection: Your age, lifestyle, medical history, and other factors can make you prone to certain illnesses. Your annual physical exam is one of the best measures to gauge your risks and detect conditions in their early stages.

Proper Intervention: During your annual physical exam, your provider can evaluate your current health conditions and provide you with medical advice and assistance to enhance your lifestyle and general health.

CALL TO SCHEDULE YOUR APPOINTMENT TODAY!

ARROYO VISTA FAMILY HEALTH CENTER

Highland Park
6000 N. Figueroa St.
L.A., CA 90042
(323) 254-5221

Lincoln Heights
2411 N. Broadway
L.A., CA 90031
(323) 987-2000

El Sereno Valley
4815 E. Valley #C
L.A., CA 90032
(323) 222-1134

El Sereno Huntington
4837 Huntington Dr. N.
L.A., CA 90032
(323) 225-0024